HEATH MIDDLE SCHOOL 2020–2021 Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	Chicken & Waffles w/Sauce Regular or Spicy Carrot Sticks Flavored Applesauce Cup Milk	Chargrilled Cheeseburger or Hamburger on Bun Baked Beans Shredded Lettuce, Pickles Curly Fries Chilled Pineapple Milk	**Specialty Pizza Day** Cheese or Pepperoni Romaine Salad w/Dressing Sliced Cucumbers Sidekick Icee Milk	Grilled Cheese Sandwich & Tomato Soup Romaine Salad w/Dressing Choice of Fruit Milk	Mac & Cheese Jumbo Pretzel Steamed Peas Fresh Fruit Friday Treat Milk
MENU #2	Breaded Chicken Patty Sandwich on Bun Regular or Spicy Baked Fries Chilled Pears Milk	Stromboli w/Sauce Romaine Salad w/Dressing Fresh Cauliflower Choice of Fruit Milk	Personal Pan Pizza Cheese or Pepperoni Romaine Salad w/Dressing Garbanzo Beans Fresh Fruit Milk	Chicken Waffle Sandwich Baked Potato Carrot Sticks Apple Slices Milk	Bosco Sticks Cheese or Pepperoni w/Marinara Sauce Romaine Salad w/Dressing Fruit Cup Friday Treat Milk
MENU #3	Boneless Chicken Wings w/Sauce Waffle Fries Celery Sticks Chilled Peaches Milk	Bacon Cheeseburger or Hamburger on Bun Shredded Lettuce, Pickles Tomatoes Potato Chips Mixed Fruit Milk	**Specialty Pizza Day** Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Fresh Fruit Milk	**Taco Bar** Taco or Chicken Fajita Meat in a Tortilla Bowl or Chips Rice, Black Beans, Shredded Lettuce, Shredded Cheese, Salsa, Sour Cream Sidekick Icee/Milk	Italian Calzone w/Sauce Romaine Salad w/Dressing Green Beans Choice of Fruit Friday Treat Milk
MENU #4	Popcorn Chicken w/General Tso Sauce Steamed Rice Mixed Vegetables Mandarin Oranges Fortune Cookie Milk	Mini Corn Dogs or Corn Dog on a Stick Mac & Cheese Romaine Salad w/Dressing Chilled Fruit Milk	French Bread Pizza Cheese or Pepperoni w/Marinara Sauce Romaine Salad w/Dressing Garbanzo Beans Fresh Fruit Milk	**Brunch for Lunch** Powdered Funnel Cakes or French Toast Sticks Sausage Patties Crispy Tator Tots Choice of Juice Milk	Chicken Chunks w/Sauce Pretzel Rod Steamed Broccoli Carrot Sticks Choice of Fruit Friday Treat Milk
MENU #5	Popcorn Chicken Mashed Potato Bowl w/Gravy Buttered Corn Chilled Fruit Cup Milk	**Picnic Day!** Hot Dog or Hamburger on Bun Shredded Lettuce, Tomatoes, Pickles Baked Fries Applesauce Cup/Milk	Kid's Choice Hot or Cold Vegetable Choice of Fruit Special Treat Milk	**Taco Bar** Taco or Chicken Fajita Meat on a Tortilla or Chips Refried Beans, Shredded Lettuce, Shredded Cheese, Salsa, Sour Cream Cinnamon Churro Stick Sidekick Icee/Milk	Cheese or Pepperoni Pizza Romaine Salad w/Dressing Cherry Tomatoes Fresh Fruit Friday Treat Milk

BREAKFAST MENU

MON	Cereal Bar or Cereal Bowl Fruit & Milk
TUES	Mini Pancakes or Cini Minis Fruit & Milk
WED	Otis Spunkmeyer Muffin or Banana Bread Fruit & Milk
THURS	Honey Bun Fruit & Milk
FRI	Mini Donuts (Chocolate or Powdered) Fruit & Milk

PRICES:

Lunch	$2.85
Reduced Lunches	$.40
Ala Carte Entrée	$2.35
Milk	$.50
Breakfast	$1.50
Reduced Breakfast	$.30

DAILY ALTERNATIVE LUNCHES:

- Fresh Salads Made Daily
- Yogurt Parfait
- PB&J Uncrustable
- Yogurt Pack w/Cheese Stick & Banana Bread

To receive Low Balance Alerts, make prepayments or to check on your child's account please use **myschoolbucks.com**.

No charging allowed

Menu is subject to change

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

This Institution is an equal opportunity provider.

AUGUST 2020

S	M	T	W	T	F	S
2	3	4	5	6	7	1/8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER 2020

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER 2020

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
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NOVEMBER 2020

S	M	T	W	T	F	S
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29	30					

DECEMBER 2020

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
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27	28	29	30	31		

JANUARY 2021

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

FEBRUARY 2021

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

MARCH 2021

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

APRIL 2021

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MAY 2021

S	M	T	W	T	F	S
2	3	4	5	6	7	1/8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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