

# HEATH MIDDLE SCHOOL 2023-2024 Lunch Menu



**MENU #1**

<b>MONDAY</b> Boneless Chicken Wings w/Sauce Baked Fries Celery Sticks Chilled Pears Milk	<b>TUESDAY</b> Italian Pasta w/Meat Sauce Garlic Toast Steamed Broccoli Diced Peaches Milk	<b>WEDNESDAY</b> Pizza Cheese or Pepperoni Romaine Salad w/Dressing Carrot Sticks Fresh Fruit Milk	<b>THURSDAY</b> Cheeseburger or Hamburger on Bun Shredded Lettuce, Pickles Baked Beans Chilled Pineapple Milk	<b>FRIDAY</b> Breaded Chicken Patty Sandwich on Bun Regular or Spicy Baked Fries Fruit Cup Friday Treat Milk
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**MENU #2**

<b>MONDAY</b> Chicken & Waffles w/Sauce Regular or Spicy Carrot Sticks Flavored Applesauce Milk	<b>TUESDAY</b> <b>Taco Bar</b> Taco or Chicken Fajita Meat in a Tortilla Bowl or Chips Rice, Black Beans, Shredded Lettuce, Shredded Cheese, Salsa, Sour Cream Sidekick Icee & Milk	<b>WEDNESDAY</b> <b>Specialty Pizza Day</b> Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Fresh Fruit Salad Milk	<b>THURSDAY</b> <b>Brunch for Lunch</b> French Toast Sticks Sausage Hashbrown Choice of Juice Milk	<b>FRIDAY</b> Italian Calzone w/Sauce Romaine Salad w/Dressing Green Beans Choice of Fruit Friday Treat Milk
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**MENU #3**

<b>MONDAY</b> Popcorn Chicken w/General Tso Sauce Steamed Rice Mixed Vegetables Mandarin Oranges Fortune Cookie Milk	<b>TUESDAY</b> Mini Corn Dogs or Corn Dog on a Stick Mac & Cheese Garbanzo Beans Chilled Fruit Milk	<b>WEDNESDAY</b> Pizza Cheese or Pepperoni Romaine Salad w/Dressing Carrot Sticks Fresh Fruit Milk	<b>THURSDAY</b> Chicken Chunks w/Sauce Baked Fries Celery Sticks Pineapple Tidbits Milk	<b>FRIDAY</b> Bosco Sticks Cheese or Pepperoni w/Marinara Sauce Romaine Salad w/Dressing Fruit Cup Friday Treat Milk
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**MENU #4**

<b>MONDAY</b> Popcorn Chicken Mashed Potato Bowl w/Gravy Buttered Corn Chilled Fruit Cup Milk	<b>TUESDAY</b> <b>Taco Bar</b> Taco or Chicken Fajita Meat on a Tortilla or Chips Refried Beans, Shredded Lettuce, Shredded Cheese, Salsa, Sour Cream Mixed Fruit Cup Milk	<b>WEDNESDAY</b> <b>Specialty Pizza Day</b> Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Fresh Fruit Milk	<b>THURSDAY</b> Grilled Cheese Sandwich or Hot Dog on Bun Tomato Soup Romaine Salad w/Dressing Choice of Fruit Milk	<b>FRIDAY</b> Mac & Cheese Jumbo Pretzel Steamed Peas Flavored Applesauce Friday Treat Milk
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**BREAKFAST MENU**

<b>MON</b>	Cereal Bar or Cereal Bowl Fruit & Milk
<b>TUES</b>	Mini Pancakes or Cini Minis Fruit & Milk
<b>WED</b>	Muffin or Banana Bread Fruit & Milk
<b>THURS</b>	Honey Bun Fruit & Milk
<b>FRI</b>	Mini Donuts Fruit & Milk

**PRICES:**

Lunch	\$2.90
Reduced Lunches	\$.40
Ala Carte Entrée	\$2.40
Milk	\$.50
Breakfast	\$1.50
Reduced Breakfast	\$.30

- DAILY ALTERNATIVE LUNCHES:**
- Fresh Salad Bar
  - Yogurt Parfait
  - PB&J Uncrustable
  - Yogurt Pack w/Cheese Stick & Banana Bread

To receive Low Balance Alerts, make prepayments or to check on your child's account, please use [myschoolbucks.com](https://myschoolbucks.com).

No charging allowed

**Menu is subject to change**

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

This Institution is an equal opportunity provider.

AUGUST 2023	SEPTEMBER 2023	OCTOBER 2023	NOVEMBER 2023	DECEMBER 2023	JANUARY 2024	FEBRUARY 2024	MARCH 2024	APRIL 2024	MAY 2024
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1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4	1 2	1 2 3 4 5 6	1 2 3	1 2	1 2 3 4 5 6	1 2 3 4
6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9	7 8 9 10 11 12 13	4 5 6 7 8 9 10	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11
13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16	14 15 16 17 18 19 20	11 12 13 14 15 16 17	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18
20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23	21 22 23 24 25 26 27	18 19 20 21 22 23 24	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25
27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30	24 25 26 27 28 29 30	28 29 30 31	25 26 27 28 29	24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31