

# HEATH MIDDLE SCHOOL 2018-2019 Lunch Menu



<b>MENU #1</b>	<b>MONDAY</b> Chicken & Waffles w/Sauce Regular or Spicy Carrot Sticks Flavored Applesauce Cup Milk	<b>TUESDAY</b> Mini Cheeseburgers on Bun Baked Beans Pickles Mixed Fruit Potato Chips Milk	<b>WEDNESDAY</b> Bosco Sticks Cheese or Pepperoni w/Marinara Sauce Romaine Salad w/Dressing Fresh Fruit Milk	<b>THURSDAY</b> <b>Brunch for Lunch</b> Sausage, Egg & Cheese Biscuit Sandwich Baked Hashbrowns Choice of Juice Milk	<b>FRIDAY</b> Italian Calzone w/Sauce Romaine Salad w/Dressing Sliced Cucumbers Choice of Fruit Friday Treat Milk
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<b>MENU #2</b>	<b>MONDAY</b> Popcorn Chicken w/General Tso Sauce Steamed Rice Mixed Vegetables Mandarin Oranges Fortune Cookie Milk	<b>TUESDAY</b> Chicken 2-Fers on Bun Spiral Curly Fries Celery Sticks Warm Cinnamon Apples Milk	<b>WEDNESDAY</b> <b>DONATOS Pizza</b> Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Fresh Fruit Salad Milk	<b>THURSDAY</b> <b>Taco Bar</b> Taco or Chicken Fajita Meat in a Tortilla Bowl Rice, Black Beans, Shredded Lettuce, Shredded Cheese, Salsa, Sour Cream Sidekick Icee & Milk	<b>FRIDAY</b> Sub Sandwich & Homemade Soup Romaine Salad w/Dressing Choice of Fruit Friday Treat Milk
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<b>MENU #3</b>	<b>MONDAY</b> Boneless Chicken Wings w/Sauce Waffle Fries Celery Sticks Chilled Peaches Milk	<b>TUESDAY</b> Breaded Chicken Patty Sandwich on Bun Regular or Spicy Sweet Potato Fries Chilled Fruit Milk	<b>WEDNESDAY</b> Personal Pan Pizza Cheese or Pepperoni Romaine Salad w/Dressing Garbanzo Beans Fresh Fruit Milk	<b>THURSDAY</b> <b>Brunch for Lunch</b> Powdered Funnel Cake Sausage Patties Crispy Tator Tots Choice of Juice Milk	<b>FRIDAY</b> Lasagna Roll Up w/Sauce Garlic Bread Stick Green Beans Choice of Fruit Friday Treat Milk
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<b>MENU #4</b>	<b>MONDAY</b> Chicken Chunks w/Sauce Pretzel Rod Steamed Broccoli Chilled Pears Milk	<b>TUESDAY</b> Chargrilled Cheeseburger or Hamburger on Bun Shredded Lettuce, Tomatoes, Pickles Potato Wedges Chilled Pineapple Milk	<b>WEDNESDAY</b> <b>DONATOS Pizza</b> Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Fresh Fruit Salad Milk	<b>THURSDAY</b> <b>Taco Bar</b> Taco or Chicken Fajita Meat on a Tortilla or Chips Refried Beans, Shredded Lettuce, Shredded Cheese, Salsa, Sour Cream Sidekick Icee & Milk	<b>FRIDAY</b> Spaghetti w/Meatballs Marinara or Alfredo Sauce Romaine Salad w/Dressing Garlic Toast Choice of Fruit Friday Treat Milk
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<b>MENU #5</b>	<b>MONDAY</b> Chicken Drumstick Mashed Potatoes w/Gravy Buttered Corn Chilled Fruit Milk	<b>TUESDAY</b> All Beef Hot Dog on Bun Or Corn Dog on a Stick Mac & Cheese Steamed Peas Chilled Fruit Milk	<b>WEDNESDAY</b> Cheese or Pepperoni Pizza Romaine Salad w/Dressing Cherry Tomatoes Fresh Fruit Milk	<b>THURSDAY</b> <b>Brunch for Lunch</b> Egg & Cheese Omelet French Toast Sticks w/Syrup Hashbrown Triangles Choice of Juice Milk	<b>FRIDAY</b> Cook's Choice Romaine Salad w/Dressing Carrot Sticks Choice of Fruit Friday Treat Milk
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<b>BREAKFAST MENU</b>	
<b>MON</b>	Pop Tart Kit or Cereal Bar Fruit & Milk
<b>TUES</b>	Sausage, Egg & Cheese Breakfast Sandwich or Cini Minis Fruit & Milk
<b>WED</b>	Otis Spunkmeyer Muffin Fruit & Milk
<b>THURS</b>	Honey Bun or Banana Bread Fruit & Milk
<b>FRI</b>	Mini Pancakes or Mini Donuts Fruit & Milk

**PRICES:**

Lunch	\$2.80
Reduced Lunches	\$.40
Ala Carte Entrée	\$2.30
Milk	\$.50
Breakfast	\$1.50
Reduced Breakfast	\$.30

- DAILY ALTERNATIVE LUNCHES:**
- Salad Bar with Fresh Toppings
  - Yogurt Parfait
  - PB&J Uncrustable
  - Yogurt Pack w/Cheese Stick & Banana Bread

To make pre-payment or check on your child's account, please use [myschoolbucks.com](http://myschoolbucks.com)

No charging allowed

Menu is subject to change

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

This Institution is an equal opportunity provider.

AUGUST 2018	SEPTEMBER 2018	OCTOBER 2018	NOVEMBER 2018	DECEMBER 2018	JANUARY 2019	FEBRUARY 2019	MARCH 2019	APRIL 2019	MAY 2019
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5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13	4 5 6 7 8 9 10	2 3 4 5 6 7 8	6 7 8 9 10 11 12	3 4 5 6 7 8 9	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11
12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20	11 12 13 14 15 16 17	9 10 11 12 13 14 15	13 14 15 16 17 18 19	10 11 12 13 14 15 16	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18
19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24	16 17 18 19 20 21 22	20 21 22 23 24 25 26	17 18 19 20 21 22 23	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25
26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30	23 24 25 26 27 28 29	27 28 29 30 31	24 25 26 27 28	24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31