NOVEMBER 2026

Heath High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **General Tso Chicken** Steamed Rice Mixed Vegetables Water Chestnuts Mandarin Oranges Fortune Cookie Milk	**3** **Corn Dog on a Stick** Mac & Cheese Bites Steamed Peas Fruit Cup Pudding Chocolate or Vanilla Milk	**4** **Fiestada Pizza** Refried Beans Shredded Lettuce Diced Tomatoes Sour Cream & Salsa Mixed Fruit Milk	**5** **Brunch for Lunch** Biscuits & Sausage Gravy Sausage Patty Tator Tots Carrot Sticks Choice of Juice Milk	**6** **Meatball Sub** w/Marinara Sauce Mozzarella Cheese Mushrooms Carrot Sticks Diced Peaches Milk
9 **Bacon Cheeseburger or Hot Dog** Choice of Baked Lays or Nacho Doritos Fruit Cup Milk	**10** **Chicken & Waffles** Regular or Spicy Tenders Baked Fries Carrot Sticks Sidekick Icee Milk	**11** **Patriot Pizza** Cheese or Pepperoni Romaine Salad w/Dressing Sliced Cucumbers Fresh Fruit Milk	**12** **Taco Salad Bar** Chicken Fajita or Taco Meat, Tortilla Bowl, Rice, Black Beans, Cheese, Lettuce, Jalapenos, Sour Cream, Salsa, Cinnamon Churro Stick, Chilled Fruit & Milk	**13** **Cooks Choice** Romaine Salad w/Dressing Choice of Fruit Milk
16 **Bosco Sticks** Marinara Sauce Romaine Salad w/Dressing Green Beans Pears Milk	**17** **Chicken Nuggets** Regular or Honey Sriracha Pretzel Rod Romaine Salad w/Dressing Flavored Applesauce Milk	**18** **Pizza** Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Garbanzo Beans Fresh Fruit Milk	**19** **Brunch for Lunch** French Toast Sticks w/Syrup Sausage Patties Tator Tots Carrot Sticks Choice of Juice Milk	**20** **Wings & Rings** Bone-In or Boneless Chicken Onion Rings Celery Sticks Chilled Fruit Milk
23 **Chicken & Noodles** over Mashed Potatoes Romaine Salad w/Craisins Dinner Roll Holiday Cookie Milk	**24** **Cooks Choice** Romaine Salad w/Dressing Choice of Fruit Milk	**25** **No School**	**26** **No School** **Happy Thanksgiving!**	**27** **No School**
30 **No School**				

News

Bulldog Express Hours
10:15-12:45 Daily

Breakfast FREE
Lunch 3.00
Ala Carte Entrée $2.50
Milk .50
Adult Breakfast $2.00
Adult Lunch $3.85

Daily Breakfast Items
Bagels, Cereal, Nutri-Grain Bars, Donuts, Muffins, Cereal Bars, Parfaits, with a choice of fruit and a milk

Alternating Hot Breakfast
Sausage Egg & Cheese Sandwich,
Sausage Pancake on a Stick,
Honey Buns, Mini Pancakes and Mini Cinnis

Daily Alternative Lunches:
Salad Bar w/Fresh Produce
Yogurt Parfait w/ Fresh Fruit
Smucker's PB&J Uncrustable
Pretzel bun Sandwich

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No Charging of Alternative lunches or Ala Carte Items. Menu is subject to change. We cannot guarantee against the presence of trace amount of allergens in the foods contained in this menu. "USDA is an equal opportunity provider"