

FALL

Heath High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>25 Meatball Sub w/Marinara Sauce Romaine Salad Mozzarella Cheese Onion Rings Diced Peaches Milk</p>	<p>26 Corn Dog Mac & Cheese Steamed Peas Mixed Fruit Milk</p>	<p>27 Fiestada Pizza Refried Beans w/Cheese Salsa Sour Cream Fruit Cup Milk</p>	<p>28 Biscuits & Sausage Gravy Tator Tots Choice of Juice Carrot Sticks Milk</p>	<p>29 Hot Dog on Bun Chili w/Crackers Romaine Salad Sliced Pears Holiday Cookie Milk</p>
<p>1 November General Tso Chicken Steamed Rice Mixed Vegetables Water Chestnuts Mandarin Oranges Fortune Cookie & Milk</p>	<p>2 Chicken Wings Tossed in Sauce Bone-In or Boneless Waffle Fries Celery Sticks Chilled Fruit Milk</p>	<p>3 Domino's Pizza Cheese or Pepperoni Romaine Salad w/Dressing Fresh Cauliflower Sidekick Icee Milk</p>	<p>4 Taco Salad Bar Chicken Fajita or Taco Meat, Tortilla Bowl, Rice, Black Beans, Cheese, Lettuce, Jalapenos, Sour Cream, Salsa, Cinnamon Churro Stick, Chilled Fruit & Milk</p>	<p>5 Italian Calzone w/Marinara Sauce Romaine Salad w/Dressing Carrot Sticks Mixed Fruit Milk</p>
<p>8 Chicken & Waffles Regular or Spicy Baked Fries Carrot Sticks Mixed Fruit Milk</p>	<p>9 Bosco Sticks w/Sauce Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Fruit Milk</p>	<p>10 Deep Dish Pizza Cheese or Pepperoni Romaine Salad w/Dressing Fresh Fruit Rice Krispies Treat Milk</p>	<p>11 Brunch for Lunch Powdered Funnel Cake Sausage Patties Hash Browns Carrot Sticks Choice of Juice Milk</p>	<p>12 Sloppy Joe on Bun Onion Rings Baked Beans Diced Pears Fruit Roll Up Milk</p>
<p>15 Chicken Nuggets Plain or Honey Sriracha Steamed Broccoli Celery Sticks Oreo Churro Stick Milk</p>	<p>16 Quesadilla w/Salsa Chicken or Cheese Shredded Lettuce, Diced Tomatoes, Sour Cream Refried Beans Diced Peaches Milk</p>	<p>17 Pizza Hut Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Mixed Fruit Milk</p>	<p>18 Chicken Drumsticks Garlic Herb Potatoes California Blend Veggies Applesauce Milk</p>	<p>19 Tomato Soup & Grilled Cheese Sandwich Romaine Salad w/Dressing Choice of Fruit Chocolate or Vanilla Pudding Milk</p>
<p>22 Chicken & Noodles over Mashed Potatoes Romaine Salad w/Craisins Dinner Roll Holiday Cookie Milk</p>	<p>23 Cook's Choice Romaine Salad w/Dressing Choice of Fruit Milk</p>	<p>24 No School</p>	<p>25 Happy Thanksgiving!</p>	<p>26 No School</p>

News

All meals served at Heath City Schools for the 21/22 school year are free. One breakfast and one lunch per school day.

Ala Carte Entrée \$2.35
Milk .50

Bulldog Express has all Beef Hot Dogs, Hamburgers, Large Pretzel w/Cheese & Fries daily!

Monday – Mini Donuts & Nutri Grain Bars
Tuesday – Sausage Pancake on a Stick & Breakfast Bosco Sticks
Wednesday – Cream Cheese Filled Bagels & Otis Spunkmeyer Muffin
Thursday – Honey Buns & Oatmeal Bars
Friday – Mini Pancakes & Apple Strudel

Daily Alternative Lunches:
Salad Bar w/Fresh Produce
Yogurt Parfait
P B & J Uncrustable
Hummus w/Pretzel Chips