



MARCH | 2023

Heath High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	1 Pizza Hut Cheese or Pepperoni Romaine Salad w/Dressing Garbanzo Beans Fresh Fruit Milk	2 Popcorn Chicken Mashed Potato Bowl w/Gravy Golden Corn Romaine Salad w/Dressing Choice of Fruit Milk	3 No School Professional Development Day
6 Chicken Drumsticks Garlic Herb Potatoes California Blend Veggies Applesauce Milk	7 Bosco Sticks w/Sauce Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Peaches Milk	8 Pizza Cheese or Pepperoni Romaine Salad w/Dressing Fresh Broccoli Fresh Fruit Milk	9 Throw Back Thursday Rex's Dino Nuggets Mr. Potato Head Tots Woody's Round Up Fruit Cup There's a Snake in my Boot Gummy Worms Star Command Milk	10 Hot Dog on Bun Chili w/Crackers Romaine Salad Choice of Fruit Cupcake Milk
13 Breaded Chicken Patty Sandwich Regular or Spicy Onion Rings Diced Pears Milk	14 Taco Salad Bar Chicken Fajita or Taco Meat, Tortilla Bowl, Rice, Black Beans, Cheese, Lettuce, Jalapenos, Sour Cream, Salsa, Cinnamon Churro Stick, Chilled Fruit & Milk	15 Dominos Pizza Cheese or Pepperoni Romaine Salad w/Dressing Sliced Cucumbers Fresh Fruit Milk	16 Biscuits & Sausage Gravy Tator Tots Choice of Juice Carrot Sticks Milk	17 Rotini Pasta w/Meatballs Garlic Bread Steamed Green Beans Applesauce Cup Shamrock Cookie Milk
20 BBQ Rib Sandwich w/Sauce Curly Fries Cole Slaw Fruit Cup Milk	21 General Tso Chicken Steamed Rice Mixed Vegetables Water Chestnuts Mandarin Oranges Fortune Cookie Milk	22 Pizza Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Fresh Fruit Milk	23 Nacho Bar Taco Meat, Chips, Queso Blanco Sauce, Nacho Cheese Sauce, Beans, Shredded Lettuce, Salsa, Sour Cream, Jalapenos, Fruit Cup Milk	24 Chicken Nuggets Regular or Honey Sriracha Pretzel Rod Baked Fries Flavored Applesauce Milk
27 Popcorn Chicken Mashed Potato Bowl w/Gravy Golden Corn Romaine Salad w/Dressing Choice of Fruit Milk	28 Quesadilla w/Salsa Chicken or Cheese Shredded Lettuce, Diced Tomatoes, Sour Cream Refried Beans Fruit Cup Milk	29 Jets Pizza Cheese or Pepperoni Romaine Salad w/Dressing Sliced Cauliflower Fresh Fruit Milk	30 Brunch for Lunch Powdered Funnel Cake Sausage Patties Tator Tots Carrot Sticks Choice of Juice Milk	31 Lasagna w/Sauce Garlic Bread Steamed Broccoli Sidekick Icee Milk

News

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Breakfast includes a choice of fruit and a milk

Monday – Mini Donuts & Nutri Grain Bars

Tuesday – Sausage Pancake on a Stick & Breakfast Bosco Sticks

Wednesday – Cream Cheese Filled Bagels & Otis Spunkmeyer Muffin

Thursday – Honey Buns & Oatmeal Bars

Friday – Mini Pancakes & Apple Strudel

Breakfast 1.50

Reduced .30

Lunch 2.85

Reduced .40

Ala Carte Entrée \$2.35

Milk .50

Daily Alternative Lunches:

Salad Bar w/Fresh Produce

Yogurt Parfait

P B & J Uncrustable

Hummus w/Pretzel Chips

Bulldog Express has all Beef Hot Dogs, Hamburgers, Large Pretzel w/Cheese & Fries