



FEBRUARY | 2025

Heath High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BBQ Pulled Pork Mac & Cheese Bowl Romaine Salad w/Dressing Steamed Broccoli Sliced Peaches Milk	4 Chicken & Waffles Regular or Spicy Baked Fries Carrot Sticks Chilled Pineapple Milk	5 Fiestada Pizza Refried Beans Shredded Lettuce Diced Tomatoes Sour Cream & Salsa Mixed Fruit Milk	6 Brunch for Lunch Breakfast Pizza Tater Tots Carrot Sticks Choice of Juice Milk	7 Grilled Cheese Sandwich & Tomato Soup Romaine Salad w/Dressing Choice of Fresh Fruit Cake Pops Milk
10 Bosco Stick Marinara Sauce Romaine Salad w/Dressing Zucchini Fries Diced Pears Milk	11 Popcorn Chicken Mashed Potato Bowl w/Gravy Golden Corn Chilled Peaches Milk	12 Jets Pizza Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Fresh Fruit Milk	13 Taco Salad Bar Chicken Fajita or Taco Meat, Tortilla Bowl, Rice, Black Beans, Cheese, Lettuce, Jalapenos, Sour Cream, Salsa, Cinnamon Churro Stick, Chilled Fruit Milk	14 Cooks Choice Romaine Salad w/Dressing Choice of Fresh Fruit Holiday Cookie Milk
17 No School Presidents' Day	18 Chicken Tender Wrap Regular or Spicy Chicken Tenders on a Tortilla Steamed Corn Diced Tomatoes, Shredded Lettuce, Shredded Cheese Mixed Fruit Milk	19 Stuffed Crust Pizza Cheese or Pepperoni Romaine Salad w/Dressing Fresh Fruit Pudding Cup Milk	20 Ramen Noodle Bar Chicken, Broccoli, Water Chestnuts, Snow Peas, Carrots, Mushrooms Fruit Cup Milk	21 Quesadilla Corn & Black Bean Salsa Shredded Lettuce Sour Cream Choice of Fruit Milk
24 General Tso Chicken or Chicken Potstickers Steamed Rice Mixed Vegetables Water Chestnuts Mandarin Oranges Fortune Cookie Milk	25 Nacho Bar Taco Meat, Chips, Queso Blanco Sauce, Nacho Cheese Sauce, Refried Beans, Shredded Lettuce, Salsa, Sour Cream, Jalapenos Fruit Cup Milk	26 Pizza Hut Cheese or Pepperoni Romaine Salad w/Dressing Fresh Broccoli Fresh Fruit Milk	27 Italian Pasta w/Meat Sauce Bread Stick Romaine Salad w/Dressing Sliced Pears Milk	28 No School Professional Development

News

Bulldog Express Hours
10:15-1:00 Daily

Breakfast FREE
Lunch 3.00
Reduced 0.00
Ala Carte Entrée \$2.50
Milk .50
Adult Breakfast \$2.00
Adult Lunch \$3.85

Breakfast items offered daily;
Bagels, Cereal, Nutri-Grain Bars, Donuts, Cereal Bars, Parfaits with a choice of fruit and a milk

Alternating Hot Breakfast items; Sausage Egg & Cheese Sandwich, Honey Buns, Muffins, Pancake on a Stick, Mini Pancakes and Cinni Minis

Daily Alternative Lunches:
Salad Bar w/Fresh Produce
Yogurt Parfait
P B & J Uncrustable
Hummus w/Pretzel Chips

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