



DECEMBER | 2021

Heath High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 No School Thanksgiving Break	30 Popcorn Chicken Mashed Potato Bowl w/Gravy Golden Corn Choice of Fruit Milk	1 Jet's Pizza Cheese or Pepperoni Romaine Salad w/Dressing Fresh Cauliflower Fruit Salad Milk	2 Taco Salad Bar Chicken Fajita or Taco Meat, Tortilla Bowl, Rice, Black Beans, Cheese, Lettuce, Jalapenos, Sour Cream, Salsa, Cinnamon Churro Stick, Chilled Fruit & Milk	3 Italian Calzone w/Marinara Sauce Romaine Salad w/Dressing Mixed Fruit Pudding Cup Milk
6 Bosco Sticks w/Sauce Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Peaches Milk	7 Breaded Chicken Patty Sandwich Regular or Spicy Crinkle Cut Fries Carrot Sticks Sliced Pears Milk	8 Flat Bread Pizza Garlic Parmesan or BBQ Chicken Romaine Salad w/Dressing Fresh Fruit Cupcake Milk	9 Brunch for Lunch Breakfast Pizza Tater Tots Carrot Sticks Choice of Juice Milk	10 Tomato Soup & Grilled Cheese Sandwich Romaine Salad w/Dressing Choice of Fruit Milk
13 General Tso Chicken Steamed Rice Mixed Vegetables Water Chestnuts Mandarin Oranges Fortune Cookie Milk	14 Hot Dog on Bun Chili w/Crackers Romaine Salad Sliced Pears Milk	15 Dominos Pizza Cheese or Pepperoni Romaine Salad w/Dressing Cherry Tomatoes Mixed Fruit Milk	16 Chicken & Waffles Regular or Spicy Baked Fries Carrot Sticks Mixed Fruit Milk	17 Cook's Choice Romaine Salad w/Dressing Choice of Fruit Holiday Cookie Milk
20 No School Christmas Break	21 No School Christmas Break	22 No School Christmas Break	23 No School Christmas Break	24 Merry Christmas!!
27 No School Christmas Break	28 No School Christmas Break	29 No School Christmas Break	30 No School Christmas Break	31 Happy New Year!!

News

All meals served at Heath City Schools for the 21/22 school year are free. One breakfast and one lunch per school day.

Ala Carte Entrée \$2.35
Milk .50

Bulldog Express has all Beef Hot Dogs, Hamburgers, Large Pretzel w/Cheese & Fries daily!

Monday – Mini Donuts & Nutri Grain Bars
 Tuesday – Sausage Pancake on a Stick & Breakfast Bosco Sticks
 Wednesday – Cream Cheese Filled Bagels & Otis Spunkmeyer Muffin
 Thursday – Honey Buns & Oatmeal Bars
 Friday – Mini Pancakes & Apple Strudel

Daily Alternative Lunches:
 Salad Bar w/Fresh Produce
 Yogurt Parfait
 P B & J Un crustable
 Hummus w/Pretzel Chips