



DECEMBER | 2018

Heath High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Popcorn Chicken Mashed Potato Bowl w/Gravy Golden Corn Salad Bar w/Dressing Choice of Fruit Milk	4 Mini Cheeseburgers on Bun Baked Beans Onion Rings Sliced Peaches Milk	5 DONATOS Pizza Salad Bar w/Dressing Cherry Tomatoes Fresh Fruit Pudding Cup Milk	6 Boneless Wings w/Sauce Waffle Fries Celery Sticks Mixed Fruit Milk	7 Italian Calzone w/Sauce Salad Bar w/Dressing Green Beans Choice of Fruit Milk
10 Chicken & Waffles Regular or Spicy Tenders Crispy Tater Tots Carrot Sticks Chilled Applesauce Milk	11 Corn Dog on a Stick Mac & Cheese Steamed Peas Celery Sticks Sidekick Icee Milk	12 French Bread Pizza Cheese or Pepperoni Salad Bar w/Dressing Cherry Tomatoes Fresh Fruit Salad Cupcake & Milk	13 Spaghetti w/Meatballs Marinara or Alfredo Sauce Texas Toast Salad Bar w/Dressing Fruit Cup Milk	14 Burrito Bar Chicken Fajita or Taco Meat, Tortilla, Rice, Black Beans, Cheese, Lettuce, Jalapenos, Sour Cream, Salsa, Cinnamon Churro Stick, Chilled Fruit Milk
17 Bacon Cheeseburger or Hamburger on Bun Lettuce, Tomatoes, Pickles Baked Curly Fries Pineapple Milk	18 Bosco Sticks w/Sauce Cheese or Pepperoni Steamed Green Beans Salad Bar w/Dressing Choice of Fruit Milk	19 DONATOS Pizza Salad Bar w/Dressing Garbanzo Beans Fresh Fruit Holiday Treat Milk	20 Brunch for Lunch French Toast Sticks w/Syrup Egg Omelet Hash Brown Starz Carrot Sticks Juice & Milk	21 Chicken Nuggets Plain or Honey Sriracha French Fries Steamed Broccoli Chilled Fruit Milk
24 No School	25 Merry Christmas!!	26 No School	27 No School	28 No School
31 No School				

News

All Beef Hot Dogs offered Daily!

Monday – Mini Donuts & Nutri Grain Bars
 Tuesday – Sausage Pancake on a Stick & Breakfast Bosco Sticks
 Wednesday – Cream Cheese Filled Bagels & Otis Spunkmeyer Muffin
 Thursday – Honey Bun & Oatmeal Bars
 Friday – Mini Pancakes & Apple Strudel

Breakfast includes a choice of fruit and milk

~ Coffee Bar ~
 Open During Breakfast Hours
 (7:35-7:55)

Breakfast 1.50
Reduced .30

Lunch 2.80
Reduced .40
Ala Carte Entrée \$2.30
Milk .50

Salad Bar with Fresh Toppings Daily
 Yogurt Parfait
 Tuna Fish Sandwich
 P B & J Uncrustable
 Hummus w/Pretzel Chips

To make pre-payments or check on your child's account, please use myschoolbucks.com